

Ideas for Learning and Improving Grades

Effective Study Habits

Study in a quiet environment with necessary materials (good lighting, computer, etc.)

Study for 30-45 minute blocks followed by brief breaks (use a timer). After two or three study /work sessions, take a longer break to recharge. It may help to do something physically active.

Do homework on the night it is assigned instead of the night before it is due (i.e. if you attended blocks A, B and C during the day, do the homework for those classes the same night).

Do your most difficult task first.

Take notes on assigned reading.

Review notes in the evening following a class and the night before you attend the class again. This helps you to retain information better than cramming for a test.

On the evening before tests, take extra time to review notes and reading materials.

Create flashcards and memory techniques for classes that require memorization.

Eliminate distractions such as TV, Facebook, cell phones. Some students can manage studying with music.

Plan to spend at least 3 hours on homework and studying each night.

Other things that may help

Review the course syllabus and Edline to be clear about assignments.

Ask questions in class.

Talk with your teacher regarding extra help and ways to improve your grade.

Study with friends.

Get a peer tutor or outside tutor (consult first with you teacher).

